

born to breastfeed



Antenatal Colostrum Harvesting | Evenbrite



Getting Ready to Breastfeed | Evenbrite

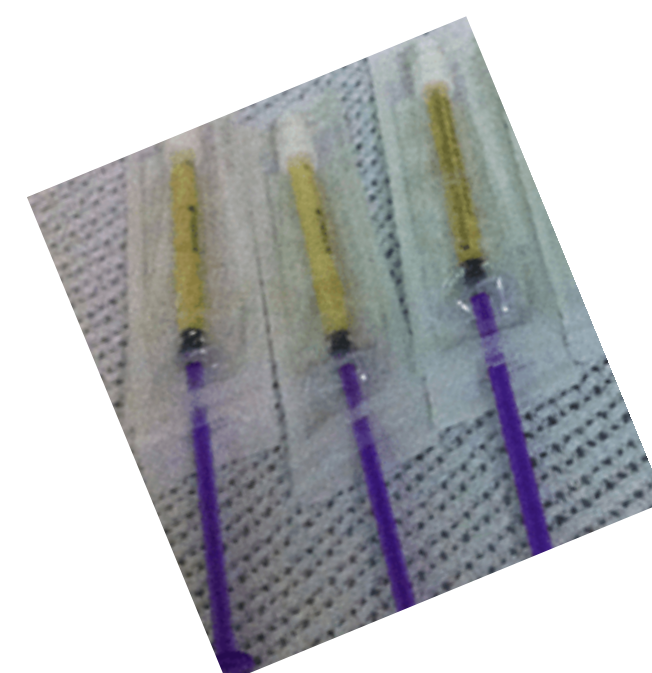


Breastfeeding Online Classes

Having a baby in Newham?
Come along to one of our informative,
online baby feeding workshops.

Learn about:

- How breastfeeding works
- Why breast milk is good for your baby
- Why skin to skin contact helps your baby and you
- When to feed your baby
- How to tell your baby is getting enough milk
- Videos and information
- How to express colostrum antenatal



The
Baby Friendly
Initiative
For all babies



Breastfeeding videos and information



Newham Baby Feeding Helpline:
07534249611

baby.feeding@newham.gov.uk